

We want to let you know what to expect before, during, and after a sedation appointment.

Before the appointment

1. You will take a small, blue pill called Triazolam one hour before your scheduled sedation appointment.
2. You should not take any sedatives 24 hours before and no stimulants 12 hours before their appointment except for the Diazepam that was prescribed to take the night before.
3. You should not eat or drink 8 hours before your sedation appointment except for medications which can be taken with a small amount of water.
4. A short sleeve shirt must be worn in order to take your blood pressure and you must not wear any jewelry. We will have a blanket ready for you during your appointment.
5. Please have the person bringing you park in the spot closest to the back of the building.
6. Please have the person bringing you keep any wireless devices, wallet/purse, glasses, coat or any other personal belongings for you.

During the appointment

1. We ask that your driver stay at the office for the entire appointment. Please have them check in at the Front Desk when you arrive at our office.
2. Team members will inform your driver of how your treatment is progressing.
3. Your driver should bring something to do while waiting. We suggest a book, something to read or an appropriate video/movie; a DVD player is available in the waiting room. We also have wireless internet access available for them.
4. Coffee, hot tea, hot chocolate, and water are available in the waiting area as well as comfortable seating.

After the appointment

1. You must have someone stay with you for 24 hours so you can fully recover from the effects of the sedation.
2. Someone will need to assist you by holding onto your arm and not letting you go up and down steps without assistance.
3. Do not answer the phone, conduct any business or personal business, or make any important decisions for 24 hours.
4. Special instructions will be given for what you can eat or drink. Just be sure to drink plenty of fluids.
5. Be sure to not drive or operate hazardous devices for 24 hours. Also, do not carry, sleep next to, or be left alone with the elderly or young children for a period of at least 24 hours.
6. You may sleep for a long time or may be alert when they leave. You should be attended to whether alert or sleepy in the same manner.
7. Some patients experience a personality change when sedated and may become bossy, irritable, emotional, etc.